

Saturday 24th February 2024

SAL Throws GP

Crownpoint Stadium

Final Timetable				
Throws Grand Prix				
Event No	Time	Event	Pool	Info
1	09:45	Javelin	One	
2	10:00	Discus	Three	
3	11:00	Javelin	Two	
4	11:15	Discus	Two	
5	12:15	Javelin	Three	
6	12:45	Discus	One	
7	14:00	Hammer	Two	
8	15:30	Hammer	One	

All athletes will receive 1 warm up and 5 competition trials